



Nurture and Grow Childcare

Nurture Today, Grow Tomorrow

Our Mission

At Nurture and Grow, we believe every child deserves a safe, loving, and inspiring space where they can play, explore, and thrive. Our mission is to nurture curiosity, creativity, and confidence through joyful, play-based learning and warm, caring relationships.

With a key person approach, we provide personalised care, helping each child grow independently, resiliently, and happily. Rooted in warmth, sustainability, and a love for nature, our nurturing environment supports emotional, social, and intellectual development.

By working hand in hand with parents, we create a welcoming community where every child feels valued, empowered, and ready to flourish.

At Nurture and Grow, we plant the seeds for a bright future—one filled with laughter, discovery, and endless possibilities!



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Where Little Seeds Flourish into Mighty Trees

Thank you for considering Nurture and Grow Childcare for your little one's early years journey. Nestled in Grange Farm, Milton Keynes, our purpose-built nursery offers a warm, eco-conscious environment where children explore, create, and thrive from birth to five years old.

Our Philosophy; Rooted in Growth. At Nurture and Grow, we believe that strong roots create confident, happy children. Our ethos is built on:


-  Warmth & Connection – Every child is valued, nurtured, and respected.
-  Eco-Conscious Learning – We embrace sustainability and natural play.
-  Holistic Development – Supporting emotional, social, and intellectual growth.
-  Parent Partnerships – Because learning begins at home, and we're in this together!

With play-based exploration, a dedicated key person approach, and indoor & outdoor spaces designed for curiosity, we help little learners develop into confident, resilient, and happy individuals.

We're here to support busy families, Nurture and Grow offer flexible childcare solutions from 7:30 am to 6:00 pm, Monday to Friday.

We are open all year round—excluding Bank Holidays and the Christmas break.

The on-going development and training of our Nurture and Grow team is crucial to our success, so we are closed for three staff training days throughout the year. Final dates for these are provided in advance.







Nature at Our Core

We bring the outside in and the inside out to create a learning experience deeply connected with nature.

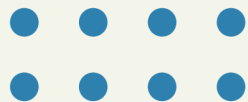

Our garden forms an integral part of the children's day to day experience at the nursery, where they can feel the freedom of being outdoors in the fresh air, exploring the natural treasures that are constantly changing throughout the seasons.

 Outdoor Adventures: Mud kitchens, water play, and gardening areas where little hands grow strawberries, tomatoes, and more!

 Eco-Friendly Play: A balance of high-quality toys and sustainable materials.

 Wildlife & Well-being: Bird feeders, water features, and willow fencing create a calm, engaging natural sanctuary.

Through daily nature experiences, we inspire children to develop a sense of wonder, responsibility, and appreciation for their environment, thereby ensuring they grow into confident, curious, and resilient individuals.





Safety



The health, safety, and well-being of every child in our care are our highest priorities. We provide a secure and welcoming environment for parents, children, and visitors.

✨ Access to the nursery is managed through a monitored front entrance, equipped with CCTV surveillance and a keypad system, allowing direct communication with individual rooms. The internal entrance door is secured with fob-only access, ensuring that only authorised staff can grant entry.

✨ Our enclosed rear garden offers a safe and private outdoor space for children to explore and play. It is monitored by CCTV and protected by fencing to provide shelter from the wind and maintain privacy.

✨ At Pick-Up: Parents must notify us if another adult will collect their child, and they must provide the agreed password.

✨ At Nurture and Grow Childcare, we are committed to maintaining the highest standards of security and safety, giving parents peace of mind while their children learn and grow in a caring environment.





Our Rooms

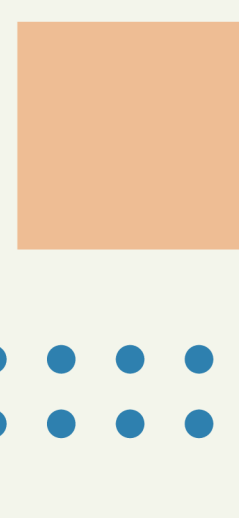
Spaces Designed for Growth as every child develops at their own pace. Our rooms reflect each stage of learning and are specifically designed for young children with low level furniture, climbing equipment, sleep areas and cosy corners.

👶 Baby Blossoms (0-2 years) – A cozy and caring space where babies receive attentive care while engaging in sensory and motor development activities designed to enhance their early learning experiences (1:3 ratio)

🚀 Toddler Explorers (2-3 years) – Encouraging toddlers to discover the world around them through imaginative play, storytelling, and hands-on activities that spark curiosity and develop key social and cognitive skills (1:5 ratio)

🌍 Pre-School Adventurers (3+ years) – Preparing children for their next steps through a balance of structured learning and free play, fostering communication, physical development, and early literacy and numeracy (1:8 ratio)

Children transition between rooms as they grow and develop at their own pace, ensuring a seamless journey tailored to their individual needs. Typically, children will move to the next room the day after their birthday.





Nourishing Little Bodies & Minds

Food is fuel for learning! Our dedicated Nursery Chef freshly prepares wholesome, home-cooked meals every day.

Our growing area will provide children with first-hand experience of growing their own food, which they can take to the kitchen for the chef to make into nutritious organic meals and snacks.

Fresh drinking water is always available.

Our commitment is to provide an inclusive, healthy, and enjoyable mealtime experience for every child in our care.

 Breakfast (8:00–8:30 am) – Toast, cereal & drinks



 Morning Snack (10:00 am) – Fresh fruit, veg, or savoury bites

 Lunch (12:00 pm) – A nutrient-packed, two-course meal

 Afternoon Snack (2:00 pm) – A rolling selection of healthy treats

 Tea (4:00 pm) – A light and nutritious meal

Dietary needs? No problem! We cater for all allergies, cultural, and personal preferences, ensuring every child enjoys mealtimes.











Nurture Today Grow Tomorrow


We believe that strong roots help children flourish, we view children as competent, active, enquiring thinkers who are powerful learners and who instinctively engage with people, objects and events as they make sense of the world around them.



Our Curriculum – The Seeds We Sow

That's why our curriculum is woven with our little seeds—the core values at the heart of everything we do:

-  Confidence – Building self-belief & resilience.
-  Independence – Encouraging problem-solving & self-sufficiency.
-  Sociability – Nurturing friendships & teamwork.
-  Happiness – Creating joyful learning moments every day.
-  Resilience – Helping children embrace challenges with courage.
-  Curiosity – Inspiring a lifelong love for learning.

EYFS Aligned – Learning through play, creativity & exploration. Personalised Learning – Every child's journey is unique, and we celebrate every step they take!




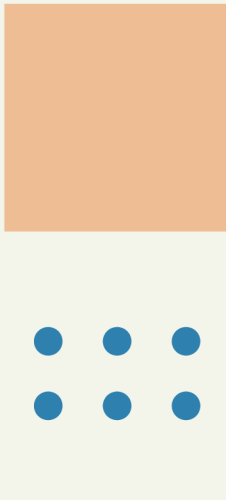
 Blossom Learning Journal – Parents can track milestones online, with progress recorded every 4 weeks.





A Typical Day at Nurture & Grow

Every child's routine should feel safe, familiar, and exciting! Here's what a typical day looks like:

-  Engaging activities tailored to developmental needs.
 -  Balance of play, exploration & rest – following your child's natural rhythms.
 -  Nutritious, home-cooked meals fuelling happy, energetic days!
 -  At Pick-Up: We share daily updates, so you never miss a moment! You will also see special moments and updates through our nursery management system Blossom.
 -  Through our nurturing approach, eco-conscious environment, and carefully designed curriculum, we plant the seeds for children to grow into confident, happy, and resilient learners.
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Settling In – A Gentle, Personalised Approach


Starting nursery is a big step—for both children and parents! We offer a three-step settling-in plan to make the transition smooth and stress-free:

✨ First Visit: One-hour session where parents stay, explore, and share their child's preferences.

✨ Second Visit: A short independent session—parents can remain on-site if needed.

✨ Third Visit: A two-hour stay to build confidence before starting fully.

Need more time? We adjust the process to suit each child's needs.



Sessions, Fees & Funding

Flexible options that fit your family's needs:

- ✔ To secure your child's space, a £60 non-refundable registration fee is required.
- ✔ Sibling Discount: 5% off for younger siblings
- ✔ Funding: We accept 15- & 30-hour government funding
- ✔ We accept nursery vouchers, the National Education Grant Funding Scheme, and Tax-Free Childcare.
- ✔ Payment: Monthly in advance; late fees apply
- ✔ Various sessions available

Sessions	0-2 yrs All year round ONLY	2-3 yrs Term time space limited	3+yrs
Full day 7.30am – 6pm	£84.00	£84.00	£83.00
Morning 7.30am – 1pm	£49.00	£49.00	£49.00
Afternoon 1pm – 6pm	£46.00	£46.00	£46.00
School day 8.15 – 3.45	£67.00	£67.00	£67.00
Preschool 9am – 12pm	X	X	£1.50 per hour
Preschool 12pm – 3pm	X	X	£1.50 per hour
Preschool 9am – 3pm	X	X	£1.50 per hour

*For more information on Government funding, a separate booklet is provided.



What's included


Our fees cover all meals, snacks, drinks, milk (including Stage 1 formula), nappies, wipes, and sun cream. For funded children, an 'Enrichment fee' applies to support our eco-friendly initiatives.


What to Bring - Your child's adventure awaits! Please pack in a bag with your child's name on:


 Spare clothes, socks & shoes (labelled)

 Milk bottles & formula (if needed)



 Sun hat & sun cream (or use our nursery cream)

 Weather-appropriate gear (we play outdoors every day!)

 Nursery uniform available – perfect for messy play! We provide a separate form should you wish to purchase.

 Medicines: We can only administer prescribed medication with signed consent.

Whilst we may have a few spare items we do not want children to miss out on outdoor play if restricted by their wear. Messy play has a big role in the nursery as it helps to encourage children's fine manipulative skills, their senses and encourages social interaction. Therefore, we advise parents/carers to dress children in clothes which can get messy.



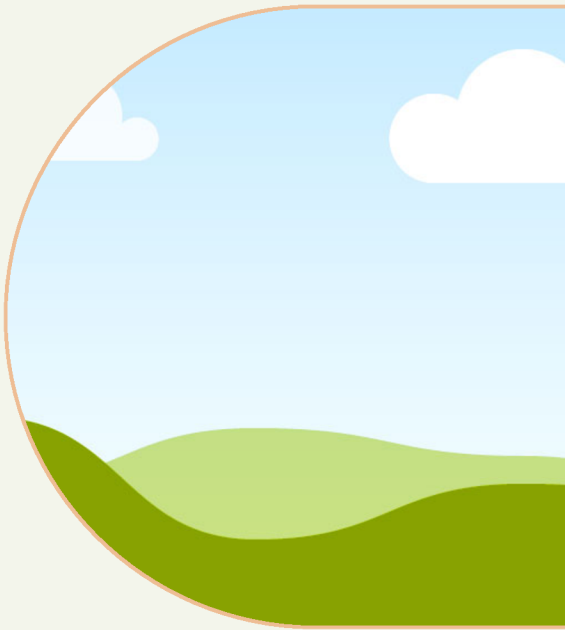


Our Dedicated Team

At Nurture and Grow Childcare, our passionate and experienced team is committed to providing the highest quality care and education. Our staff hold relevant childcare qualifications, including First Aid Certification, and receive ongoing professional development to ensure excellence in early years education.

Each child is supported by a Key Person, fostering strong relationships with both children and parents to ensure a smooth and nurturing journey.

Our Head of Nursery Operations brings over 20 years of expertise in SEN care and support, along with extensive experience in leading early years settings, including successfully running her own preschool. Her dedication to inclusive education ensures that every child receives the support and guidance they need to thrive.





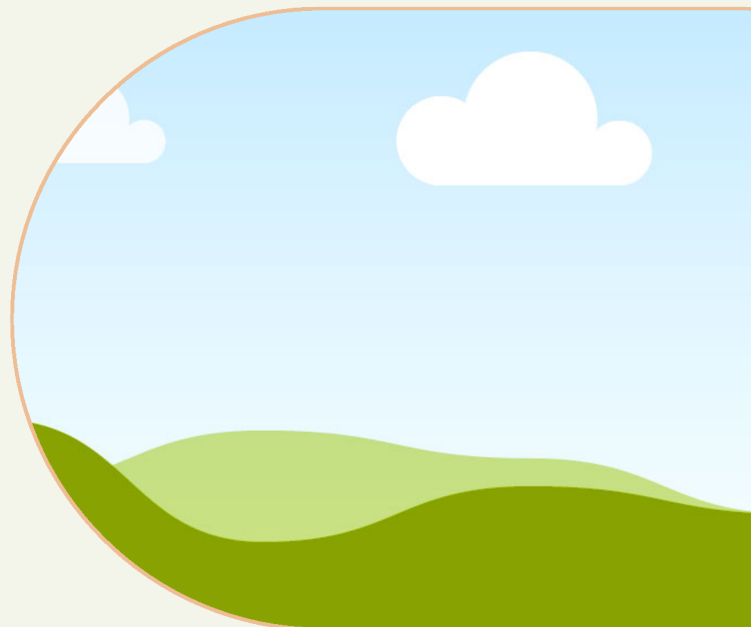
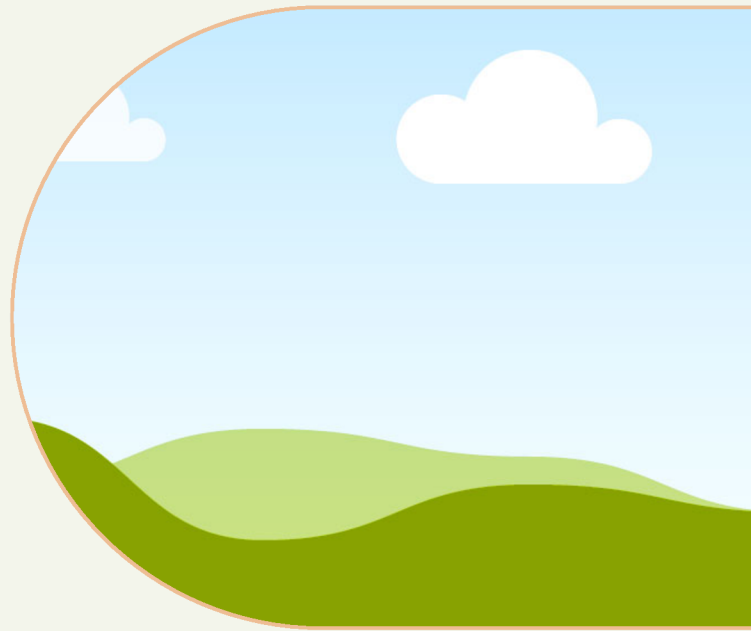
Our Directors

Judy Cunningham

Over 15 years of experience in early childhood education and owning and running her own nursery, founded N&G in 2024 alongside her brother Paul and sister-in-law Tracey, creating a true family-run business. As a mother, including to children with additional needs, she values individual care, inclusion, and a supportive learning environment. Her passion and dedication make this more than a nursery - a place where children feel safe, inspired, and ready to thrive.

Tracey & Paul Doidge

As experienced therapeutic foster carers, Tracey and Paul are deeply committed to children's well-being, development, and emotional support. Their passion for nurturing extends beyond childcare - they also keep their own hens and bees, fostering a love for nature and sustainability.





Next Steps

Ready to Join Us? Let's Grow Together!

We'd love to welcome your family into our nurturing community!

 Email: hello@nurtureandgrow.org.uk

 Call: 01908 501032

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